

VISIT Barrow

THERE'S MORE CYCLING THAN MEETS THE EYE

WALK THE BARROW COASTLINE FAMILY WALK TO ROA ISLAND



PIEL ISLAND FERRY

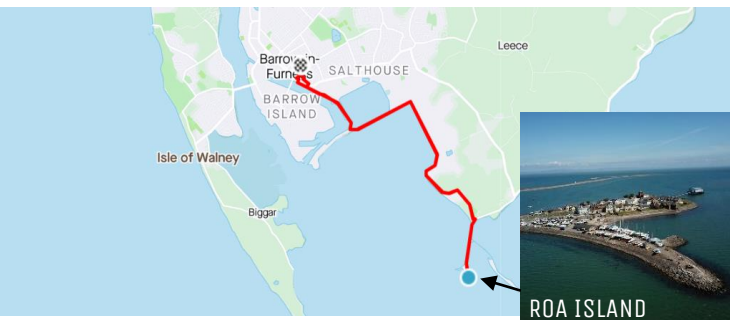
DISTANCE: 8.5 MILE
DIFFICULTY: FLAT/EASY
TRAFFIC: LIGHT MOSTLY TRAFFIC FREE

VISITBARROW.ORG.UK/WALKING

WALK THE BARROW COASTLINE

FAMILY WALK TO ROA ISLAND

DISTANCE: 8.5 MILE
DIFFICULTY: FLAT/PAVED



The start and finish of this route is outside Morrisons enabling you to get snacks and drinks for your walk.

1. Set off from Morrisons supermarket. At the back of the supermarket car park you will find an access gate leading to the quayside.
2. Turn left onto the quayside and walk until you reach Cavendish Dock Road.
3. Take a right turn and walk towards the docks.
4. At Ramsden Dock you will pass over an old rail track and then turn left along the dedicated path which runs between Cavendish Dock and the sea.
5. Take a right turn at the end, pass the gas terminal and keep going until you reach Rampside.
6. At Rampside take a right turn and walk across the Roa Island causeway into Roa Island.
7. Once you have enjoyed a rest, return the same way you came.

